



Mentoring Matters Conference

...bringing together the mentoring community

Friday, March 12, 2010, 9:00 am - 3:00 pm
Saturday, March 13, 2010, 9:00 am - 1:30 pm

MENTOR
MENTORING PARTNERSHIP OF LONG ISLAND

Coordinator Track

Co-Sponsored by:
The Learning Support Center

Conference
Underwriter

C.W. POST CAMPUS



Friday, March 12, 2010

8:00 – 9:00 – Registration & Breakfast

9:00 – 9:45 – Walnut Street Elementary School Chorus led by Sal Pulice

Welcome Remarks by Dr. Joan Y. Reede, Associate Professor of Medicine and Dean for Diversity and Community Partnership, Harvard Medical School

10:00 am – 11:00 am

Skills for Mentoring Programs Serving Children of the Incarcerated: Receive an overview of the Caregivers Choice & Mentoring Children of Prisoners Program. Session will outline how to effectively combat some challenges of mentoring this population including: premature termination, mistrust, and caregiver frustration. Requirements for funding for this program will also be outlined.

Presenter: Ann Adalist-Estrin, M.S., Director, National Resource Center on Children and Families of the Incarcerated, Family and Corrections Network

Program Profile – Play with Purpose: Games can be powerful tools for building teamwork, strengthening relationships and developing vital skills. Experience some popular word games played by mentors and mentees at the Walnut Street Elementary school through its LIKE (Lawyers Involved in Kids' Education) program and consider enriching your program through group games.

Presenters: Fred Skolnik, Mentor and Partner at Certilman Balin Adler & Hyman, LLP; and Sharyn Leibowitz, Teacher, Walnut Street School

Grantees and Grantors – An Evolving Partnership: This workshop will focus on the importance of good stewardship in the grants process. Learn to identify appropriate funding sources within your organization's mission and grantor focus areas; create fundable proposals; understand what funders look for when selecting a grantee; collaborate wherever feasible; and provide visibility by highlighting your work.

Presenters: Dr. Sherry Radowitz, Senior Grants Officer, Molloy College; and Naomi T. Johnson, Public Affairs Specialist, State Farm Insurance

Preparing Mentees: Understand why customized training for mentees is essential in helping them to form a positive mentoring relationship. Learn how mentee training can increase the skills and abilities of the young people being served. Mentee training agenda and interactive training activities will be shared.

Presenter: Jean Lahage Cohen, Executive Director, Mentoring Partnerships of New York and Long Island

11:15 am – 12:15 pm

Working with Children of Incarcerated Parents in Schools and Community Programs: Explore the impact of the Criminal Justice System on child development, family dynamics and school performance. Session will address the stigma, shame, conspiracy of silence and loyalty conflicts that keep children of the incarcerated hidden from those that could provide appropriate support.

Presenter: Ann Adalist-Estrin, M.S., Director, National Resource Center on Children and Families of the Incarcerated

Good Grief! What Mentors Need to Know about Kids and Loss: Children of all ages deal with grief and loss, from the death of a family member to moving to another neighborhood. This workshop will address the myths about children and grief, share essential tips and guidelines for mentors working with kids dealing with loss, and provide a variety of tools and community resources that both mentors and parents should know about.

Presenter: Marianne Esolen, LMSW, Counselor and Consultant

Advancing Mentoring through Collaborations: This session will explore critical issues related to building and sustaining successful collaborative programs that foster mentoring, particularly mentoring of disadvantaged and minority individuals. This will include issues impacting students across the academic spectrum from middle school through professional school.

Presenter: Joan Y. Reede, MD, MPH, MBA, Associate Professor of Medicine, Dean for Diversity and Community Partnership, Harvard Medical School

Strategic Interviewing: Evaluate your current method for interviewing potential mentors. Learn how to structure the interview intake process in a way that can help you confirm the quality of the candidates. Session will offer ideas and best practices on how to assess mentor's suitability and how this can significantly improve and reinforce your program goals.

Presenters: Susan Samaroo, COO, Big Brothers/Big Sisters Long Island; and Cara Sultan, Program Manager, Big Brothers/Big Sisters Long Island

12:30 pm – 1:45 pm: Mentoring Achievement Award Presentations & Lunch

2:00 pm – 3:00 pm

Discovering the Possibilities: This session will introduce a new curriculum on college preparation and career exploration developed specifically for mentors and mentees to use together. Learn how to leverage this exciting new tool to help mentors and mentees explore this important topic.

Presenter: Cindy Sturtevant Borden, CSB Consulting

Social Emotional Learning & Mentoring: This workshop will present the concept of Social Emotional Learning and its relevance and applicability for mentoring programs. Strategies being used in school settings to teach SEL concepts and how the mentor-mentee relationship can help build emotional intelligence will be discussed.

Presenter: Dorothy Ahl, M.S., Ed.S. Massapequa Schools

Incorporating Prevention Strategies into your Program: Investigate how developmental assets can build resiliency and increase self-esteem in children. Learn how to apply prevention techniques to your program structure. Goal-oriented planning activities that mentors can use will be highlighted during this session.

Presenter: Patricia Rykert, LCSW, Prevention Specialist, Long Island Council on Alcoholism and Drug Dependence

Your Personal Leadership Growing Edge: This interactive workshop provides time to reflect on your own leadership and nurture you through images, writing and sharing. What wants to develop in you now? Where is your personal growing edge? Complete this session with a simple action plan for developing the next phase of your leadership.

Presenter: Siobhan M. Murphy, Master Certified Coach and Founder, The Quest Connection

Mentee Tracks & Mentor Track

Mentors, Parents & Guardians welcomed to attend!



Saturday, March 13, 2010

8:15 – 9:00 – Registration & Breakfast

9:00 – 9:30 – Presentation – Leadership Qualities of the Starship Enterprise Crew, the X-Men and You! Greg Owens, OCFS

MENTEE TRACK – Middle School Students Choose from two workshops

9:45 am – 10:30 am

Writers Circle: Join this writing circle to find out how you can share your life story with other people. You don't have to be a great writer to attend, just be willing to discover how to be yourself as a writer.

Facilitator: Silvia Heredia, Herstory Writers Workshop

For the Artist: Let the Art Teacher from Friends Academy help you to design and create something unique that will be yours to keep or give away as a gift.

Facilitator: Margaret Lindner, Creative Genius!

10:45 am – 11:30 am

Connecting Through Creativity: Come use your senses, your imagination and your body to discover new ways of thinking about yourself and the world around you.

Facilitator: Karen Cohen, The Mentoring Partnership of Long Island

Curb your Conflict: We all can use a little help handling difficult situations. Learn tools and techniques you can use to resist negative peer pressure and handle conflicts assertively and safely.

Facilitator: Johanna Mathieson, Big Brothers/Big Sisters of LI

11:45 am – 12:15 pm Lunch

12:30 pm – 1:30 pm

Games, Games and More Games!: Whoever thought playing word games could be so much fun! Join us for a lot of laughs and some learning too!

Facilitator: Fred and Arlyne Skolnik, Masters of Play!

Relationships & You: Share your opinions and learn about dating, gender roles and having a healthy relationship. Role-plays and other fun activities will be led by youth Peer Educators.

Facilitator: HOPE Leadership Academy of New York City

MENTEE TRACK – High School Students Choose from two workshops

Meditation – it's not what you think! This workshop will teach breathing and other techniques which can help calm your mind and body in times of stress.

Facilitator: Anthony Pantaleno, John-Glen High School

Connecting Through Creativity: Come use your senses, your imagination and your body to explore and discover new ways of thinking about yourself and the world around you.

Facilitator: Karen Cohen, The Mentoring Partnership of Long Island

Leadership Secrets: Explore leadership qualities of some famous characters including comic book super hero's. Find out what great followers have in common with great leaders, and how you can use these tools to create change.

Facilitator: Greg Owens, OCFS

A Writers Journey: Everyone has a story, regardless of race, gender or age. What is your story and how would you tell it? This workshop will help you find a way to bring your story to life.

Facilitator: Silvia Heredia, Herstory Writers Workshop

Discovering the Possibilities: Explore your hopes and desires for the future and learn how your unique strengths and abilities can help you achieve them.

Facilitator: Cindy Sturtevant Borden, CSB Consulting

Respectful Relationships This interactive session will discuss how aspects of teen culture and other social influences help shape our personal identities.

Facilitator: Stacey Bellem, MS, MSW, The Retreat

MENTOR TRACK

Messages and Mindsets: Discover how your words and actions can encourage your mentee to evolve: to love learning, crave challenge, value effort and not be defined by failure.

Presenter: Joan R. Fretz, Dir. of Fine & Performing Arts, Huntington Schools. Chairperson, LI SEL Forum

Discovering the Possibilities: Learn how to broaden your mentee's perspective about college and help them to see new possibilities. Receive a new resource guide that will help you discuss college, careers and the future with your mentee.

Presenter: Cindy Sturtevant Borden, CSB Consulting

Mentor Roundtable: Renewing Your Spirit: This special session will allow mentors to connect with their inner selves and spend time reflecting on personal aspirations for healthy and meaningful relationships.

Facilitator: Reverend Angela Cesa

12:30 pm – 1:30 pm Walking Tour:

Mentees and Mentors can use this time to take a guided walking tour of the beautiful C.W. Post College Campus. Meet in Lobby.

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Saturday, March 13, 2010, 9:00 am - 1:30 pm

REGISTRATION: To register call the Mentoring Partnership at 631-761-7800 or return the completed form to:
Mentoring Partnership – 150 Motor Parkway, Suite 90, Hauppauge, NY 11788

Name: _____ Program Affiliation: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

- Coordinator Track: Friday, March 12, 2010 \$30.00
- Mentor Track: Saturday, March 13, 2010 \$20.00
- Mentees, Parents, Guardians: Saturday, March 13, 2010 – **FREE**

****Please submit separate page with name and age of mentee(s)****

PAYMENT:

Check Enclosed (Make checks payable to The Mentoring Partnership of Long Island)

Credit Card Visa MasterCard AMEX Exp. Date: _____

Card Number: _____ Name on Card: _____

LOCATION: C.W. Post Campus of Long Island University, Brookville, NY 11548

DIRECTIONS:

From Eastern Long Island: Take the Long Island Expressway (I-95) to Exit 41N (Route 107). Turn right (north) onto 107 North. Proceed to Northern Blvd. (Route 25A). Turn left (West) at Northern Boulevard. C.W. Post is on the left.

From New York City: Take Queens-Midtown Tunnel to LIE (I-95). Take Exit 39 and make a left at the light – Glen Cove Road North. Go north for 2 miles; Turn right (east) on Northern Boulevard (Rt. 25A) C.W. Post is 2 miles on the right. Once you enter the campus, follow signs to Hillwood. Park and enter into Hillwood Commons building and follow signs to get to Humanities Hall. All workshops take place inside Humanities Hall, but general parking is mostly available outside of Hillwood. Call for instructions for handicapped parking.



An Affiliate of MENTOR/The National Mentoring Partnership
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Hauppauge, NY 11788

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